

Volunteer Safety

General Safety:

- Wear protective gloves.
 - Always wear closed-toe shoes to avoid getting scratched by thorns, stubbing your toes on rocks or getting cuts from broken glass.
 - Avoid overloading. Don't fill trash bags excessively so that it becomes too heavy to lift.
 - Drink lots of water
 - Bathroom facilities can be limited near work sites. Always know where the nearest restroom is.
 - *Hazardous or unidentifiable materials should be left and reported to City staff.*
 - Beware of hazards: Poison oak, stinging nettle, yellow jackets, mosquitoes, thorns and uneven surfaces.
 - Encampments: If a encampment is discovered, please do not disturb occupants or remove any materials.
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Poison Oak: *Leaves of three, let it be.* If you encounter poison oak, wash the area with soap and cold water.



Yellow Jackets: Nest in the ground and are very aggressive. Check your work area thoroughly before any ground disturbance. If you disturb a nest, RUN!

Sharps



Sharps: (hypodermic needles or razors) – Sharps **do not** go in the trash. Only adults should handle sharps. Place sharps in either a red sharps container or in a plastic bottle with a lid. (Use extreme caution when handling). Make sure the container gets to City staff for proper disposal.
